Dear Family and Friends:

Christmas Blessings to you all! I am sure that you join us in gratitude for the ability to spend time with your loved ones this Christmas Season, but we do want to remind you that we must remain vigilant with all of our safety protocols in order to stay healthy and safe. As much as we miss seeing everyone here at the Home, and we would like to be open for everyone to come visit as in the past, we are not able to do that yet, and we must be mindful of the importance of adhering to all of the necessary safety protocols. Unfortunately, COVID continues to thrive with highly infectious variants and positivity rates on the rise all around us. Many remember what it was like this time last year as we experienced outbreaks and quarantines, and we would not like to put our residents through that again if it can be avoided.

As many of you know, our online system for visitation appointments has been up and running for a few weeks and is working well. We encourage all of you to make your appointments through the online system found on our website (www.littlesistersofthepoorsf.org). Please make your appointments at least 24 hours in advance and coordinate all compassionate care visits before your arrival by contacting Santana Thienviwat at acsanfran@littlesistersofthepoor.org or 415-751-6510. In her absence please contact Tim Lobacz at the same number.

Please remember the following visitation rules remain in effect:

- 1. All visitors must be vaccinated and show proof of vaccination.
- 2. There is a maximum of three (3) visitors per Resident visit.
- 3. Masks must continue to be worn at all times during your visit and social distancing must be observed.
- 4. Food may not be shared during your visit, but you may bring treats for your loved one to enjoy after the visit.
- 5. Ideally, all visits should take place outdoors, weather permitting, since that is the safest, but otherwise can take place inside using our mall or another prearranged place within the Home.
- 6. All compassionate care visits must be predetermined.

While we prefer that Residents not risk exposure to the virus by gathering with friends and family outside of St. Anne's Home, we do understand the importance of getting together with family. If you do plan on taking your loved one out to gather with family and friends for Christmas, please adhere to the following safety practices that are intended to keep everyone safe.

- 1. Do not take your loved one out if anyone in your home or gathering displays Covid symptoms: fever, sore throat, cough, body aches, headaches, nausea, vomiting and/or diarrhea.
- 2. Contact the Little Sister Unit Supervisor, Nurse on your family member's unit or Santana Thienviwat at least 24 hours in advance of your outing. Please limit your visit to a few hours for our residents in the skilled units.
- 3. Please provide the number of persons who will be present at your gathering, along with the vaccination status for each and names and contact information for tracing purposes in case someone comes down with Covid symptoms afterwards. Please indicate if they are fully vaccinated (two injections if Pfizer or Moderna or one injection if Johnson & Johnson); fully vaccinated with booster, or partially vaccinated (one shot).
- 4. IT IS HIGHLY RECOMMENDED THAT RESIDENTS NOT GATHER IN SETTINGS WHERE THERE ARE UNVACCINATED INDIVIDUALS. However, the following safety rules must be followed if unvaccinated individuals are present at a gathering where a Resident is also present. For persons who are not vaccinated or have only been partially vaccinated, a negative COVID test 72 hours prior to gathering with a St. Anne's Resident is required. All unvaccinated persons should wear masks at all times when in the company of a St. Anne's Resident, should adhere to the 6' social distancing rule, and practice frequent handwashing.
- 5. Contact the Little Sister Unit Supervisor immediately if anyone of your guests experience COVID symptoms after your Christmas gathering, so that appropriate precautions can be taken for our Residents.

Thank you so very much for your understanding, your patience, and your cooperation in helping us all to stay safe through the holiday season. Wishing you a blessed and very Merry Christmas!

May God bless you, mother marguerite

Mother Marquerite